Féile um Chuimsiú Sóisialta

15 - 24 Samhain 15 - 24 November



Átha Cliath Theas South Dublin County Council





SOCIAL INCLUSION FESTIVAL 2019





Ag Laghdú an Eisiaimh, an Bhochtaineacht agus na hÉagothroime i gContae Bhaile Átha Cliath Theas Reducing Exclusion, Poverty and Inequality in South Dublin County





Réamhrá an Mhéara



"Tá an-áthas orm an bróisiúr ar an Féile um Chuimsiú Sóisialta a sheoladh agus ba mhaith liom aitheantas agus buíochas a thabhairt do na gníomhaireachta agus na heagraíochtaí rannpháirteacha go léir ar fud an Chontae.

Is é atá i gceist leis an gCuimsiú Sóisialta ná sochaí a chruthú ina mothaíonn gach duine go bhfuil siad rannpháirteach, go hiomlán agus go cothrom, i ngach gné den saol. Tá Comhairle Contae Átha Cliath Theas tiomanta do na hiarrachtaí chun an caighdeán maireachtála a choinneáil agus a fheabhsú, do gach duine atá ina chónaí sa Chontae.

Ba mhaith liom gach duine a spreagadh le bheith rannpháirteach sna himeachtaí atá beartaithe agus le cabhrú ionas go n-éireoidh leis an Féile um Chuimsiú Sóisialta i mbliana".

Lainseálfaidh an Méara Vicki Casserly An Féile Feasachta um Chuimsiú Sóisialta Dé hAoine 15 Samhain 2019 ar 12.00 noon i Staidiam Tamhlachta, Bealach Bhaile an Fhaoitigh, Tamhlacht. Tá Comhairle Contae Átha Cliath Theas ag obair chun cúrsaí míbhuntáiste a laghdú agus chun feabhas a chur ar cháilíocht na beatha do gach duine atá ina chónaí sa Chontae.

Mayor's Introduction

"I am delighted to introduce the Social Inclusion Festival Brochure 2019 and I would like to acknowledge and thank all participating agencies and organisations throughout the County.

Social Inclusion is about creating a society where everyone experiences full and equal participation in all aspects of life. South Dublin County Council remains committed to sustaining and enhancing efforts to improve the quality of life of all residents in the County.

I encourage everyone to get involved in the planned activities and to help make this year's Social Inclusion Festival a success". Mayor Vicki Casserly will officially launch South Dublin County Council Social Inclusion Festival on Friday 15th November 2019 at 12.00 noon in Tallaght Stadium, Whitestown Way, Tallaght. South Dublin County Council is working to minimise disadvantage and improve the quality of life for all residents in the County.



Mayor Vicki Casserly

Chief Executive's Message



I am delighted to have this opportunity to mark the 14th annual Social Inclusion Festival 2019. This year's festival - Le Chéile, is an opportunity to celebrate new friendships, opportunities and inclusivity throughout our Country. Each year there has been a steady growth of strategic partners from the community and other agencies, increasing the level of participation and the quality of events. The number of groups and communities engaging with the event has increased dramatically.

This year saw the publication of our new South Dublin County Council Integration Strategy 2019 – 2023 'A More Inclusive County' which sets out a clear vision of making our county a truly inclusive society centred on five themes underpinned by specific targeted actions.

Significant progress has been made across a wide range of areas over the past number of years. Children, people of working age, older people, Travellers, people with disabilities and migrant communities have all benefited from improved access to services.

However, more is needed to achieve the reduction of poverty and inequality in society. As a Local Authority we are conscious of the need to keep this issue top of our agenda and to continue to influence policy and awareness. There is also the need to improve linkages between those charged with responsibility for social inclusion throughout South Dublin County. We continue to work in a collaborative fashion to minimise the recessionary impacts on those most marginalised in our community.

We believe that this year's Social Inclusion Festival is a great opportunity to highlight our commitment to ensure better quality of life and health for all our residents in South Dublin County into the future.

We want to reiterate our commitment to social inclusion projects and activities throughout the county. The Social Inclusion Festival has proven to be the platform for the establishment of ongoing activities in response to the needs articulated by our communities. The brochure lists a series of events, initiatives and programme designed to help attendees achieve social inclusion. I hope you enjoy the programme of events.



Daniel McLoughlin Chief Executive

What is Social Inclusion?

Social Inclusion is "the process which ensures that those at risk of poverty and social exclusion gain the opportunities and resources necessary to participate fully in economic, social and cultural life and enjoy a standard of living and well being that is considered normal in the society in which they live".

Who is at risk of Social Inclusion?

Ireland's updated National Action Plan for Social Inclusion 2015 – 2017 identifies seven groups as being at greater risk of social exclusion.

- Older People
- Ethnic Minorities
- Disabled People
- Women
- Children and Young
 People
- Travellers
- LGBTQI+ (Lesbian, Gay, Bisexual, Transgender, Queer, Intersex and others)





Why Social Inclusion Festival?

The purpose of South Dublin County Social Inclusion Festival is to highlight and promote the positive work that South Dublin County Council is involved in to reduce social exclusion and poverty. It is a programme of events organised by the Social Inclusion Unit, Community Services Department to highlight the diversity and creativity of people in South Dublin County. The Unit reaches out into all sections of the community, connecting many people and groups who are normally isolated and on the margins. It is an opportunity for people to learn new skills, share ideas and participate in their community.



Social Inclusion Unit, Housing, Social and Community Development Department

South Dublin County Council's dedicated Social Inclusion Unit endeavours to deliver on the Council's objective to take a leadership role in Social Inclusion and to create a society where everyone experiences full and equal partnership in all aspects of life.



The Social Inclusion Unit endeavours to develop a society where all citizens are recognised, accepted and maintain a sense of belonging within the County. This is achieved through collaboration with other Council Departments, agencies/groups, and through the delivery of its programmes. 2019 has been a busy year for the Unit in the delivery of several programmes which included **European Action Week** Against Racism, Bealtaine, Africa Day and the Traveller Culture Programme amongst others

In addition to the above, the third intercultural food and craft festival, Flavours of South Dublin, took place on the 23rd June, where over 7,500 people were in attendance over the course of the day. This year saw the return of the intercultural cooking demonstration kitchen with 5 different chefs. The recordings from this event were made available through the Council's social media and the South Dublin Migrant Integration Forum.

Adrienne Moloney and Donna O'Reilly are continuously developing the work of the Social Inclusion Unit and look forward to working with our partners to improve inclusivity and diversity in the County. Adrienne Moloney, Senior Staff Officer

Donna O'Reilly, Staff Officer

Rachel Keogh, Clerical Officer

Social Inclusion Unit Tel: 01 414 9270 Email: socialinclusionunit@ sdublincoco.ie



Events pre-Social Inclusion Festival





ENTERTAINMENT BY THE GARDA BAND. REFRESHMENTS WILL BE PROVIDED.

SENIOR CITIZENS TEA DANCE

TUESDAY 12TH NOVEMBER, 1PM - 2.30PM KNOCKMITTEN YOUTH & COMMUNITY CENTRE, CLONDALKIN

> BOOKING ESSENTIAL CONTACT: GARDA JJ WALSH PHONE: 01 666 7600







Fortnightly sessions.
There is currently a
waiting list for this
programme.TTRSTouch Type Read Spell, a typing
programme for children with dyslexia.
Please contact the library for more
information and details of dates and
times.5.00 pm01 459 3315Clondalkin
Clondalkin01 459 3315

8 week programme

Brookfield Youth & Community Centre, Brookfield Road, Tallaght An 8 week cross-cultural dressmaking and alteration programme aimed at women from the Travelling Community and all other women in the wider Tallaght area. This course will help to upskill as well as offering the opportunity to meet new friends. For information on start date and times please make contact.

Dress making & alterations

Niamh Carton 086 606 3682



Events pre-Social Inclusion Festival (CONT.)

Wednesday 6 - Saturday 30 November

Can you see what I see? An exhibition by Sarah Hyland

County Library, Chamber Square, Tallaght This exhibition is a series of hand painted illustrations strongly informed by listening to people with dementia and to those who support them, their families, friends and the medical professionals.

01 462 0073

Monday 11 -Saturday 30 November

Rathfarnham Photographic Society Exhibition

Ballyroan Library, Orchardstown Avenue, Rathfarnham An exhibition of the work of Rathfarnham Photographic Society. Open to all.

01 494 1900



Wednesday 13 November

11.00 am

Áras Chrónáin Ionad Cultúir, Cluain Dolcáin

Tidy Minds Workshop

This event is a form of mindfulness and life coaching using a decluttering and organisation approach. While a clean environment won't solve your problems, it can have a great impact on your day-today outlook and mental health. Join us for a fun morning learning how to implement this method into your daily life. Booking essential.

Hannah / Joanne 01 557 6173

Thursday 14 November - 12 December

Computer Classes with Age Action.

10.30 am -12.00 noon

Ballyroan Library, Orchardstown Avenue, Rathfarnham Five weeks of computer classes for seniors. For more information ask at the library desk or contact Age Action on 01 475 6989. Booking essential.

01 494 1900



Events pre-Social Inclusion Festival (CONT.)

No one gets left out

Thursday 14 November

Change of date to Saturday 16 November

12.00 noon

Tymon Park, Tallaght Join us in this family fun day of kids', women's and men's football which is aimed at engaging the youths through sport as well as cultivating a culture of respect and discipline. We want our youth to learn, integrate and innovate while making a meaningful difference in society. Team Zimbabwe is the first ethnic minority group to register in a football league in Ireland to enhance inclusion for our youths and we want to encourage other nations to do the same. The idea here is that playing against each other as minority groups does not realise the full potential of inclusion and hence would like to educate our fellow brothers to make plans in joining the amateur League so the youths can fully benefit in integration and social inclusion

Canford Danga 086 269 7830



14





Friday 15 November

12.00 noon - 1.00 pm

Tallaght Stadium, Whitestown Way, Tallaght



Launch of Social Inclusion Festival by Mayor Vicki Casserly

Mayor Vicki Casserly will officially launch this year's Social Inclusion Festival 2019.

This will be followed by musical entertainment and light refreshments will be provided.

This is a free ticket only event so please book early to avoid disappointment.

Social Inclusion Unit 01 414 9270

Social Inclusion Festival Events

Silver Thread, in partnership with County Library, Tallaght and supported by Bank of Ireland, facilitated a series of life writing workshops for older people in the locality. The workshops started in May 2019 and were attended by retired people who are members of the library. Some have been part of writing groups for several years, while others were taking up the pen for the first time.

It soon became clear that there are some wonderful writers and poets in the area. Stories of family life both here and abroad, childhood adventures, leaving home and falling in love, unfolded. These stories and more are included in 'Stories from the Library' Tallaght, which will be launched at the Launch of Social Inclusion Festival on Friday 15 November.

Friday 15 November	Toddler Time
10.00 am -11.00 am	Toddler fun with storytime, sing-along
Ballyroan Library,	and play. Open to all.
Orchardstown Avenue,	01 494 1900
Rathfarnham	
Friday 15 November	Pop-Up Gaeltacht
11.00 am - 1.00 pm	An bhfuil Gaeilge agat? Why not come along to our Pop-Up Gaeltacht and
County Library,	practice your cúpla focal in a friendly
Chamber Square, Tallaght	environment. All welcome.

Friday 15 November

11.00 am

Áras Chrónáin Ionad Cultúir, Cluain Dolcáin

Guided Tour of Áras Chrónáin Ionad Cultúir, Georgian Building

Come along and enjoy a guided tour of this magnificent 18th Century building along with a showcase and overview of the services and facilities provided for the community in Áras Chrónáin.

Brian Ó Gáibhín 01 457 4847

Friday 15 November

'Music 4 the Soul' Choir Performance

1.00 pm - 2.30 pm

Ballyroan Community & Youth Centre, 111 Marian Road, Rathfarnham Join us for a fun musical performance by an inclusive choir aimed at all older members of the community, carers, family and friends of those affected by dementia.

Evelyn Vaughan 086 455 5770



INTERCULTURAL COMMUNITY SHOWCASE

As part of the South Dublin Social Inclusion Festival, we invite you to join us in Lucan Library for a fun day celebrating our wonderful, creative and diverse community! Featuring food, music, workshops, dance, entertainment for all ages...... and the opportunity to explore your local library!

LUCAN LIBRARY Saturday 16th November 12pm ALL WELCOME

/lucanlibrary

lucan@sdublincoco.ie







01 6216422

southdublinlibraries.ie





LIBRAR

Saturday 16 - Saturday 23 November

Clondalkin Library, Monastery Road, Clondalkin

Silent book Exhibition

Interactive exhibition of wordless picture books. In response to refugees arriving in the Italian island of Lampedusa, IBBY (the International Board on Books for Young People) launched the project "Silent Books, from the world to Lampedusa and back" in 2012. The project involved creating the first library on Lampedusa to be used by local and immigrant children. A collection of these books will be on display in Clondalkin library.

01 459 3315



Saturday 16 November	Crafternoon
10.00 am - 12.00 noon	Drop-in craft group, bring your knitting or crochet, informal group.
Clondalkin Library, Monastery Road, Clondalkin	01 459 3315

Saturday 16 November

10.00 am -1.00 pm

Lucan Centre, Primrose Lane, Lucan

Mental Health Awareness Workshop

This workshop will bring together migrants from new communities in South Dublin to promote awareness of mental health. An open discussion with migrants, especially parents and asylum seekers on the effects of mental illness, depression, suicide and other risks facing their children. Information will also be provided on the dangers of drugs available to their children and the effects and symptoms to look out for.

Raymond Muwaniri 087 341 7440 Saturday 16 November

11.00 am

Áras Chrónáin Ionad Cultúir, Cluain Dolcáin

Home Floristry Workshop

Would you like to make some beautiful floral arrangements for your home? Come along and learn about flower care, handling of flowers & flower arranging.

Brian Ó Gáibhín 01 457 4847

Le Chéile at ReCreate

Saturday 16 November

11.00 am -1.00 pm

ReCreate Ireland, Ballymount Drive, Ballymount Industrial Estate Guided by their extensive research on the benefits of their materials used in inclusive educational settings, ReCreate's Le Chéile open day will give you the ideas and inspiration to work creatively at home or in the classroom. Join us for a cuppa and relax while we share with you our creative journey and our inclusive model of working to

support our local communities, schools and

groups working with children and adults with

additional needs. Explore a wide range of art activities in our Creative Zone or browse amongst our unusual materials in our warehouse. Booking advised.

Clodagh O' Reilly 01 456 8798 coreilly@recreate.ie

Saturday 16 November

1.00 pm

Pearse Museum, St Enda's Park, Grange Road, Rathfarnham,

Tour of Pearse Museum

Join us for a tour of Pearse Museum. Located in the former home and school of Patrick Pearse, the leader of the 1916 rising and his brother William who were among those executed for their part in the rebellion. The Museum tells the story of their role in that dramatic event, as well as Pearse's work as a writer, teacher and Irish language campaigner. Light refreshments provided. Places limited. Booking essential.

Social Inclusion Unit 01 414 9270



Saturday 16 November

2.00 pm

The Towers, Direct Provision Centre, Clondalkin

Clondalkin Handcraft and Horticultural Show's craft day

Fun workshops of creativity learning art & handcraft with artists and craftspeople from Clondalkin Handcraft and Horticultural Show. Choose between art, book binding, decorated fairydoors or decoupaged tealight holders.

Fiona Guinan 087 418 4395









Monday 18 - Sunday 24 November

County

Library,

Chamber

Square.

Tallaght

I AM - Photographic portrait series of adults with intellectual disabilities, made in association with St. Michael's House Services in Dublin. Inclusion is central to people's identity and being visible is essential to being considered and included.

IAM - Photographic Portrait Series

Exhibition to be viewed in County Library, Tallaght. For more information please visit https://www.bryanjamesbrophy.com/diary/i-am

Stephen Hennessy 01 490 0936, Ext 9









Catherine Guinan

Credits: Photographer/Artist: Bryan James Brophy©

Monday 18 November

10.30 am

The Intercultural Centre, Unit 4. Oakfield Industrial Estate. Clondalkin

Around the World Coffee Morning

Bring and share a traditional dish or treat from your native country as we experience a variety of foods from around the world while taking an opportunity to explore the Intercultural Centre and all the courses and activities it has to offer. (Please attach a note with the name of the dish, the country it originates from and any allergens (e.g. nuts, eqqs).)

Emma McGuire 087 383 8432

Monday 18 November

10.30 am

A Morning of Music, Dancing, Singing and Refreshments

St Finian's

Community Hall, Newcastle

Ladies' Social Group, Newcastle presents a musical morning consisting of singing, dancing and the fabulous ukulele players. Tea/ coffee, sandwiches and apple tart will be served

Marian Gargan 086 350 4540



Monday 18 November	Board Games for Adults	
11.00 am - 1.00 pm	Challenge your friends and family in your favourite board games here in the library! All welcome.	
County Library, Chamber Square, Tallaght	01 462 0073	
Monday 18 -Thursday 21	English Conversation Sessions	
November 11.00 am -	Classes aimed at improving English literacy and speech levels. All Welcome!	
1.00 pm	01 462 0073	
County Library, Chamber Square, Tallaght		
Monday 18 November	Improve Your Cúpla Focal – Fun Irish Spoken Workshop	
11.00 am	Would you like to improve your cúpla focal? Come along to an enjoyable fun introduction	
Áras Chrónáin Ionad Cultúir, Cluain Dolcáin	to the Irish language in Áras Chrónáin.	
	Brian Ó Gáibhín 01 457 4847	

Monday 18 November

11.00 am -1.00 pm

St. Michael's

Templeogue House,

Templeoque

House.

St. Michael's House are hosting a drumming workshop for their members and friends. This will teach participants how to express themselves through their individual instruments while simultaneously participating as part of a group.

Debbie Doyle / Angelina Stewart 01 490 0936 Ext: 7

Drumming Workshop

Monday 18 November

11.30 am

Coffee Morning

Join us for a coffee morning where the local community can meet for a cuppa and a chat.

Dominic's Community Centre, 60A Avonbeg Gardens, Tallaght

Niamh / Denise 01 459 0770



Monday 18 November

2.00 pm - 4.00 pm

County Library, Chamber Square, Tallaght

To love a person is to learn the song That is in their heart, And to sing it to them When they have forgotten. ~ Anonymous ~

Healthy Body, Healthy Mind - Workshop for people with disabilities

This very popular workshop, facilitated by Eileen Casey, returns for Social Inclusion Festival 2019. It promises a relaxed, informal and respectful atmosphere. Through meditation, gentle movement and music, participants can enjoy being present in the moment. Balancing chakras through colour healing is also part of this workshop together with lots of laughter. Cards, oils, crystals ensure there's something for everyone. Booking essential.

01 462 0073





Monday 18 November

3.30 pm - 4.30 pm

County Library, Chamber Square, Tallaght

Intergenerational clay art workshop

Art provides a line of communication that transcends generational divides, providing common ground for young and old alike. In this art workshop members of the older generation will join with their grandchildren working together to create sets of unique clay hand prints.

Participants will experience the fun of clay rolling, cutting and decorating. Everyone will take away a set of 'hand in hand' clay pieces to symbolise the close connection and importance of the relationship, and a keepsake of time spent together. Booking from 10.00 am on Monday 11 November on eventbrite only. www.talib.eventbrite.ie.

Kim Jenkinson jenkinson.kim@gmail.com

Monday 18 November	STEM Studio
4.00 pm - 5.00 pm	Science-based activity for children aged 8-12 years. Booking required via Eventbrite.
Ballyroan Library,	
Orchardstown Avenue, Rathfarnham	01 494 1900

Monday 18 November	Film club: Singin' in the Rain
6.00 pm - 8.00 pm	Classic musical comedy with Gene Kelly, Debbie Reynolds and Donald O'Connor.
Ballyroan Library,	Suitable for adults. No booking required.
Orchardstown	01 494 1900
Avenue, Rathfarnham	
Monday 18 November	Sensory-friendly evening
6.00 pm - 8.00 pm	To make Clondalkin library a more welcoming place for people who may
Clondalkin Library, Monastery Road, Clondalkin	experience sensory difficulties, we will be reducing our lighting and minimising noise levels. The library will operate as normal, and all patrons are welcome to use the library as they usually would during this period.

01 459 3315



Books Digital Books Online Resources Free Internet & WiFi Business Resources

1

1755

- Workshops
- Lectures
- Classes

- DVDs/CDs
- Magazines
- Newspapers





Your Free World

www.southdublinlibraries.ie

4

Tuesday 19 November	Get Active, Get Fit
10.00 am - 1.00 pm	Physical activity sessions for members of St. Michael's House.
Tallaght Sports Complex, Balrothery, Tallaght	Debbie Doyle / Angelina Stewart 01 490 0936 Ext: 7
Tuesday 19 November	Create your own Christmas gifts!
10.00 am - 12.00 noon	Through simple floristry and gardening, learn how you can get creative making Christmas gifts for family and friends!
Áras Rualach, Neilstown Road, Clondalkin	Marie Daly 01 623 0574



Tuesday 19 November	Interactive Traditional Irish Music & Instrument Workshop
10.30 am	Did you ever want to play a bodhrán or
Áras Chrónáin Ionad Cultúir, Cluain Dolcáin	a banjo? Come along to Áras Chrónáin in Clondalkin and enjoy a fun Interactive Introduction to Traditional Irish Music and Instruments, as well as a cupán tae.
	Brian Ó Gáibhín 01 457 4847
Tuesday 19 November	Seasonal Flower Workshop
10.30 am	Floristry workshop based around autumnal colours and flowers. Places are limited, please book early to secure a place.
The Coach House, Stewarts Care Limited, Old Lucan Road, Palmerstown	Suzanne / Helen 01 625 8957
Tuesday 19 November	Irish Wheelchair Association
	(IWA): Enabling Accessibility
12.00 noon	This event will give you an opportunity
Irish Wheelchair Association, Broadmeadows, Newcastle Road,	to hear people's own experiences, it will also give organisations and other interest groups a platform to showcase their work to improve accessibility in the community.
Lucan	Ciaran McLoughlin 01 630 2414





















Social Inclusion through the Performing Arts







Dancing Music Drama Comedy & Lots More!

When:Sunday 24th November 2019Where:Civic Theatre, TallaghtTime:Show starts at 8pm

ADMISSION €6.00

Tickets available at the Civic Theatre Box Office Tel: 01 462 7477 or book on line at www.civictheatre.ie

Visit our website at www.sdcc.ie sdublincoco SouthDublinCountyCouncil







Tuesday 19 November	Manage Your Money Workshop
2.00 pm - 3.00 pm Jobstown Community Centre, Fortunestown Way, Tallaght Bank of Ireland Begin	This workshop will demonstrate the various ways to manage personal finances safely, how to identify financial risk, how to spot suspicious activity and identify best practice when it comes to online, phone, doorstep and ATM security. The workshop will also address what constitutes financial exploitation, and how to identify and prevent it.
Tuesday 19 November 2.00 pm - 4.00 pm County Library, Chamber Square,	Re-Cycle - Visual Arts - Workshop for people with disabilities Produce a piece of art with local artist Christine Carey out of recycled egg and plastic cup cartons. Your finished piece
Tallaght	will be a beautiful table centre decoration. Booking essential.

01 462 0073

Tuesday 19 November

2.00 pm

The Intercultural Centre, Unit 4, Oakfield Industrial Estate, Clondalkin

Gzhel Masterclass

Gzhel is a traditional Russian folk art, involving a style of simple blue and white painting on ceramics. It takes its name from the village of Gzhel and surrounding area, where it has been produced since 1802.

Come and learn how to paint in the Gzhel style in a friendly and hands-on workshop where you will design and create your own Gzhel-inspired hand-painted decorative plate.

Places are strictly limited, so don't miss out. Registration essential on Eventbrite.

Emma McGuire 087 383 8432

Tuesday 19 November	Storytime
3.30 pm - 4.00 pm	Suitable for children 3-6 years and their parents/guardians. Open to all.
	01 494 1900
Ballyroan Library,	
Orchardstown	
Avenue,	
Rathfarnham	

Tuesday 19 November	Storytime & Craft session
3.30 pm	A fun-filled storytime and Craft session followed by open play. All welcome!
County Library, Tallaght	01 462 0073
Tuesday 19 November	Storytime and arts & crafts
3.30 pm	Drop-in Stories and arts and crafts for ages 3-6.
Clondalkin Library, Monastery Road, Clondalkin	01 459 3315
Tuesday 19 November	Nepal Talk and Food Tasting Event
~	Event Irish tourists who have been to Nepal will
November	Event

Wednesday 20 & 27 November

Tessa House, St John of God Housing Association, Block D, Gleann na hEorna, Cookstown Way, Tallaght



Volunteer Leadership Training

Training courses on Planning for Volunteer Involvement, Volunteer Engagement, Day to Day Volunteer Management, dealing with challenging situations and programmed development. For information on venue and times please make contact.

Colette Gallagher 086 703 6768

Wednesday 20 November

Holistic Therapy Sessions

Holistic therapy sessions for members of St. Michael's House.

The Web Project, Whitechurch Library, Taylor's Lane

9.00 am - 4.00 pm

Debbie Doyle / Angelina Stewart 01 490 0936 Ext: 7



Wednesday 20 November

9.00 am -11.00 am

Fettercairn Community & Youth Centre, Fettercairn, Tallaght

Breakfast dress-up at ours

Fettercairn Diverse Women Group invite you to come along and join them on the morning where they will dress up in their different traditional attire. The community will be welcomed with tea and coffee under soft traditional music. A discussion around the different ethnic traditional breakfast, with colourful posters along with a tasting of full Irish breakfast.

Foluke Oladosu 086 310 1120

Wednesday 20 November

10.00 am -12.00 noon

Ballyroan Library, Orchardstown Avenue, Rathfarnham

Re-Cycle - Visual Arts

Produce a piece of art with local artist Christine Carey out of recycled egg and plastic cup cartons. Your finished piece will be a beautiful Table Centre decoration. Booking essential. Booking at ballyroanlibrary.eventbrite.ie or call 01 494 1900.

01 494 1900

Wednesday 20 November

10.30 am

The Coach House, Stewarts Care Limited, Old Lucan Road, Palmerstown

Festive Cookery Demonstration

A demonstration on festive dishes for the Christmas season, with our local in-house Chef and trainees taking turns to demonstrate to the audience how to make a range of festive seasonal dishes. All dishes made will be passed around so everyone gets to sample the dishes made, and given tips / recipe sheets on how to make the dishes at home.

Angelina / Niall 01 620 3590

Wednesday 20 November

Fun Practical Introduction to Yoga & Relaxation

10.30 am

Áras Chrónáin Ionad Cultúir, Cluain Dolcáin Come along and enjoy a fun introduction to Yoga and relaxation.

Brian Ó Gáibhín 01 457 4847



Wednesday 20 November	Create your own Christmas gifts!
11.00 am - 1.00 pm	Through simple floristry and gardening, learn how you can get creative making Christmas gifts for family and friends!
Seán Walsh Park, Old Bawn, Tallaght	Social Inclusion Unit 01 414 9270
Wednesday 20 November	Coffee Morning
11.00 am	Coffee morning to promote men's shed activities in the local community.
Templeogue Community Men's Shed, Wellington Lane	Liam Edwards 086 192 2368
Wednesday 20 November	Toddler Time
11.30 am	Join Sarah Sparkles for a fun-filled morning of songs/play/dance & bubbles. All welcome!
County Library, Chamber Square, Tallaght	01 462 0073

Wednesday 20 November

1.45 pm -4.45 pm

Threshold Training Network, Tallaght Enterprise Centre, Main Road, Tallaght

Creative Relaxation - Mandala making

This workshop is about creativity, curiosity, empowerment and nurture because taking time to reconnect with yourself is a gift and an act of self-care. There is no need to be artistic, creating mandalas lies within each of us. Connecting creatively has the ability to reduce social isolation and bring about positive change. Places are limited so booking is essential.

This event is open to everyone in the community interested in nurturing their mental health & wellbeing.

Steven Fitzgerald 01 494 0502



Wednesday 20 November

2.00 pm - 4.00 pm

County Library, Chamber Square, Tallaght

Healthy Body, Healthy Mind

This very popular workshop, facilitated by Eileen Casey, returns for Social Inclusion Festival, 2019. It promises a relaxed, informal and respectful atmosphere. Through meditation, gentle movement and music, participants can enjoy being present in the moment. Balancing chakras through colour healing is also part of this workshop together with lots of laughter. Cards, oils, crystals ensure there's something for everyone. Booking essential.

01 462 0073

Wednesday 20	Annette Halpin Memorial Tea
November	Dance
4.00 pm - 7.00 pm	A complimentary afternoon of music,
Red Cow Inn,	dance, light refreshments and plenty of
Clondalkin	spot prizes.
	Social Inclusion Unit 01 414 9270

Wednesday 20 November	Hobby Hub
6.00 pm - 8.00 pm	Bring along your crafts and enjoy the company of other crafters in a relaxed
County Library, Chamber Square, Tallaght	friendly atmosphere. All welcome! 01 462 0073
Wednesday 20 November	CoderDojo
6.00 pm - 8.00 pm	Coding activities for children aged 7-17 years. Booking required via Eventbrite.

Ballyroan Library,
Orchardstown
Avenue,
Rathfarnham

01 494 1900

Thursday 21 November	Babies love Babies
10.00 am	A fantastic & fun introduction to rhymes/ songs/ hand actions/stories & play. Not to be missed!
County Library, Chamber Square, Tallaght	01 462 0073



555 Daily Activity SOUTH DUBLIN COUNTY 2019



Thursday 21 November

10.00 am

Tymon Bawn Community Centre. Bóthar Theach Na Giúise Thiar. An Seanbhábhún

ALONE's Time to Catch Up Coffee Morning

Coffee Morning for older people and befriending volunteers of ALONE who are linked in with our services in the Tallaght, Clondalkin, Rathcoole, Newcastle and Lucan areas. Meet, socialise and catch up. Join us for a cup of tea, a chat and some company to brighten up your morning - Invitation only.

Brónagh Maguire 083 062 5966

Tea and Teach

Thursday 21 November

11 00 am -1.00 pm

County Library,

These sessions are a fun and simple way for you to learn about the online world including Google and email, making the most of your smartphone, social media and online banking. Refreshments will be served.

Chamber Square. Tallaght

Social Inclusion Unit 01 414 9270

Bank of Ireland (S) **Begin**



Thursday 21 November	An Introduction to Irish Céilí and Set Dancing along with Old Time Waltz
1.30 pm	Come along and enjoy an afternoon of Céilí
Áras Chrónáin Ionad Cultúir, Cluain Dolcáin	Dancing, Set Dancing and some Old Time Waltz in the wonderful surroundings of Áras Chrónáin, Clondalkin.
	Brian Ó Gáibhín 01 457 4847
Thursday 21 November	FoodCloud Warehouse Tour

FoodCloud, Broomhill Business Park, 8 Broomhill Road, Tymon North

FoodCloud is a social enterprise connecting businesses who sometimes can have too much food with charities who have too little. Three warehouse tours will be held for local secondary schools to understand more about what we do. The tour will highlight the impact of food waste on our environment and the benefits of food redistribution in supporting local communities. The visit will comprise of a tour followed by a short presentation and

Q&A session. Tickets will be allocated on a lottery basis. Please email with the name and location of your school. Vivienne Lawlor / Elsa Roddy

comms@foodcloud.ie / 086 609 1848

Thursday 21 November	Create your own Christmas gifts!
2.00 pm - 4.00 pm	Through simple floristry and gardening, learn how you can get creative making Christmas gifts for family and friends!
An Cosán, Jobstown, Tallaght	Imelda Hanratty 01 462 8488
Thursday 21 November	Re-Cycle - Visual Arts
3.00 pm - 5.00 pm	Produce a piece of art with local artist Christine Carey out of recycled egg and plastic cup cartons. Your finished piece will be
County Library,	a beautiful table centre decoration. Booking essential.
Chamber Square, Tallaght	01 462 0073
Thursday 21 November	Silent Book Storytime followed by a make your own Silent Book
3.30 pm	Workshop
Clondalkin Library,	Silent Books are wordless picture books and allow children and adults to make up their own stories or to tell stories through their

Library, Monastery Road, Clondalkin Silent Books are wordless picture books and allow children and adults to make up their own stories or to tell stories through their own language. For ages 4+. Booking through Eventbrite http://ClondalkinLibrary.eventbrite. com

Thursday 21 November

Intergenerational clay art workshop

3.30 pm

Ballyroan Library, Orchardstown Avenue, Rathfarnham Art provides a line of communication that transcends generational divides, providing common ground for young and old alike. In this art workshop members of the older generation will join with their grandchildren working together to create sets of unique clay hand prints.

Participants will experience the fun of clay rolling, cutting and decorating. Everyone will take away a set of 'hand in hand' clay pieces to symbolise the close connection and importance of the relationship, and a keepsake of time spent together. Bookings on eventbrite only. www.eventbrite.ie.

Kim Jenkinson jenkinson.kim@gmail.com



Thursday 21 November	Classic Movie Night
7.30 pm	Join Dominic's Community Centre for a Classic Movie Night!
Dominic's Community Centre, 60A Avonbeg Gardens, Tallaght	Niamh / Denise 01 459 0770
Friday 22 November	Toddler Time
10.00 am - 11.00 am Ballyroan Library,	Toddler fun with storytime, sing-along and play. Open to all.
Orchardstown Avenue, Rathfarnham	01 494 1900
- Cathainn ann	
Friday 22 November	Meitheal Minding Parents
	Meitheal Minding Parents All parents, grandparents, carers are invited for a coffee morning of relaxation and information about new childcare schemes, positive parenting approaches, Meitheal and supports for the families, well being strategies and Tai Chi. FREE event. No registration needed. Daniela Jurj

Friday 22 November	Healthy Body, Healthy Mind
10.30 am -12.30 pm	This very popular workshop, facilitated by Eileen Casey, returns for Social Inclusion Festival, 2019. It promises a relaxed, informal and respectful atmosphere. Through
Ballyroan Library, Orchardstown Avenue, Rathfarnham	meditation, gentle movement and music, participants can enjoy being present in the moment. Balancing chakras through colour healing is also part of this workshop together with lots of laughter. Cards, oils, crystals ensure there's something for everyone. Booking essential. Booking at ballyroanlibrary. eventbrite.ie or call 01 494 1900.
Friday 22 November	Tús Nua
11.00 am	Come along to our Age-Friendly session. Meet up with like-minded people.
County Library, Tallaght	01 462 0073
Friday 22 November	Pop-Up Gaeltacht
11.00 am - 1.00 pm	An bhfuil Gaeilge agat? Why not come along to our Pop-Up Gaeltacht and practice your cúpla focal in a friendly environment. All welcome.
County Library, Tallaght	01 462 0073

Friday 22 November	Craft class with Joan
12.30 pm	Booking essential by phone or at library desk
Clondalkin Library, Monastery Road, Clondalkin	01 459 3315
Friday 22 November	Clondalkin Fairtrade Town celebrates diversity
1.00 pm	Clondalkin Fairtrade Town celebrates
Clonburris National School, Dunawley	diversity through music, food and games. A week of school-based events with final celebration in Clonburris National School.
Avenue, Clondalkin	Paula Galvin 087 202 8533
Friday 22 November	Christmas Centrepiece Workshop
2.00 pm	Join us as we get into the festive spirit with our Christmas Centrepiece Workshop. Come along and make your
The Intercultural Centre, Unit 4, Oakfield Industrial Estate, Clondalkin	very own Christmas Centrepiece to take home. We provide all materials, mince pies, Christmas music and festive cheer!
	Emma McGuire 087 383 8432

Friday 22 November

2.00 pm -3.00 pm

Clondalkin Library, Monastery Road, Clondalkin

> Bank of Ireland () Begin

Manage Your Money Workshop

This workshop will demonstrate the various ways to manage personal finances safely, how to identify financial risk, how to spot suspicious activity and identify best practice when it comes to online, phone, doorstep and ATM security. The workshop will also address what constitutes financial exploitation, and how to identify and prevent it. Booking essential in person, by phone or on Eventbrite.

01 459 3315

Friday 22 November	Dominic's Prize Bingo
8.30 pm	Dominic's Prize Bingo!
Dominic's Community Centre, 60A Avonbeg Gardens, Tallaght	Niamh / Denise 01 459 0770

Supporting adult literacy needs in Ireland: how organisations are becoming more literacy friendly

The OECD Adult Skills Survey¹ shows that one in six Irish adults find reading and understanding everyday texts difficult: for example, reading a bus timetable or medicine instructions.

One in four (**754,000 people**) has difficulties in real world maths, from basic addition and subtraction to calculating averages.

The survey also showed that people who scored at the lowest literacy and numeracy levels often have no or low qualifications, earn less income and have poorer health.

Supporting adult literacy needs in Ireland

Many organisations are aware that their customers find some reading, writing and numbers difficult. This can result in unclear communications, misunderstandings and additional staff time and resources. For this reason many organisations are looking at how they engage with their customers who struggle with reading and understanding information and services.

Becoming more literacy friendly

South Dublin County Council (SDCC) works closely with the National Adult Literacy Agency (NALA) to provide literacy friendly services. This means SDCC takes into account the literacy needs of the public and staff in everything they do. This leads to a higher level of service overall and benefits the public, Council staff and elected representatives.

Further information

National Adult Literacy Agency

Web: www.nala.ie



http://www.facebook.com/nalaireland



New website for parents to help their children



@nalaireland





has problems

¹ Programme for the International Assessment of Adult Competencies (PIAAC) 2012 Survey Results for Ireland: CSO, Dublin

Saturday 23 November	Sanctuary Runners Birthday Celebration
9.30 am	Sanctuary Runners brings people living
Corkagh Park Run, Corkagh Park, Naas Road, Clondalkin	in direct provision together with others in the community to run, walk, jog and get to know each other. Join us to celebrate the first birthday of friendship, solidarity and inclusion. Light refreshments will be provided.
	Anna Pringle 087 653 6244
Saturday 23 November	Crafternoon
10.00 am - 12.00 noon	Drop-in craft group, bring your knitting or crochet, informal group.
Clondalkin Library, Monastery Road	01 459 3315
Saturday 23 November	Sensory Screening of Frozen 2
10.30 am	Sensory Fun with Friends present a private premiere sensory screening of Frozen 2.
IMC Tallaght, The Square, Tallaght	To book your place please complete our online booking form. Find us on Facebook @sensoryfunwithfriends. Admission FREE
SENSORY FUN with FRIENDS Where ALL abilities are verdicome	Eileen / Lynn SensoryFunwithFriends@gmail.com

Saturday 23 November	Fun-Believable Science with Dr. Brain
11.00 am - 12.00 noon	Dr. Brain performs a hilarious science show that's good for all ages. Watch and laugh at
Ballyroan Library, Orchardstown Avenue,	exciting experiments with gravity, centrifugal force, and optical illusions. An interactive show suitable for the whole family. All welcome.
Rathfarnham	01 494 1900
Saturday 23 November	Big Picture Wellness
2.00 pm - 5.00 pm	Foróige groups based in the Big Picture will take part in a day of workshops and activities organised by the four projects: Connect project, Peer Education project, Big Picture
The Big Picture, Unit 5, Talbot House, Tallaght	Youth Café and Dublin South Regional Officer.
Cross East, Tallaght	Sarah Claffey 086 608 6743
Saturday 23 November	See Through @ Rua Red Café Walk into this free and open space to meet new people and to get inspired! This is a
4.30 pm	new initiative set out to promote diversity and encourage intercultural exchange. Everyone
Rua Red Café, South Dublin Arts Centre,	is welcome, so do come in and say hello! Light refreshments will be provided.
Tallaght	Francesca La Morgia, francesca@mothertongues.ie

Saturday 23 November	Adult Dance Off Competition
7.00 pm	Invitation for different dance disciplines from different countries to participate and showcase their talents to bring together
Anu's Kitchen, Glen Abbey Complex, 3 Belgard Road,	people from different nationalities living in Ireland. Participants will be judged by the crowd. Prizes for the winners.
Cookstown	Chamunorwa Rice 083 180 4171
Sunday 24 November	Celebration - Social Inclusion through the Performing Arts
8.00 pm	'Celebration' will showcase the local talent
Civic Theatre,	within South Dublin County through a variety of acts such as Dancing, Music, Drama,

Tickets will be available from the Civic Theatre Box Office from early November.







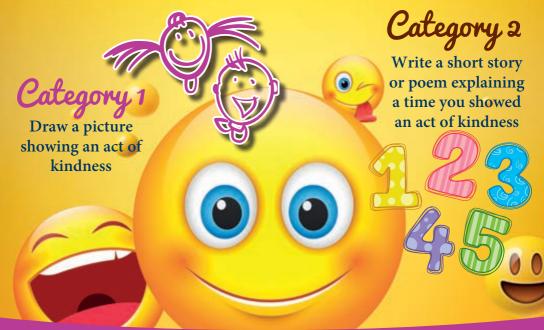




15-24 NOVEMBER Primary School Competition

Act of Kindness

This competition is open to all young people in Primary School Individual and Group Entries are accepted in both categories. Prizes for best entries.



For further information and competition entry forms please contact: Social Inclusion Unit, Community Services Department, South Dublin County Council Tel: 01 414 9270, Email: socialinclusionunit@sdublincoco.ie

Final date for receipt of Entry Forms is Thursday 31 October 2019

Visit our website at www.sdcc.ie sdublincoco f SouthDublinCountyCouncil

More Social Inclusion Events

Tuesday 26 November	Christmas Sugar Craft
10.00 am	Enjoy learning the art of sugar craft. Have lots of fun getting hints and tips on how to
Áras Rualach, Neilstown Road,	decorate cakes/puddings with a Christmas scene that you can then bring home and show family and friends.
Clondalkin	Marie Daly 01 623 0574
Wednesday 27 November	Christmas Cakes of the World
	Women from different countries are asked to bring along a sample of their traditional
November	Women from different countries are asked to bring along a sample of their traditional Christmas Cakes. The workshop will involve decorating a traditional Irish Christmas Cake through Sugar Craft.

Photographs may be taken by a photographer or the organiser at every event during this festival. These images may be used by South Dublin County Council for display and publicity purposes on our website www.sdcc.ie, social media and/or publications. Images will be stored securely and retained in accordance with SDCC's retention policy. If you wish for your image not to be used please make yourself known to the photographer, organiser or Council officials.















UPCOMING EVENTS

Date & Venue for 2020 to be confirmed

11.00 am · 6.00 pm

Flavours of South Dublin

This unique food festival aims to showcase the very best cuisine from the locality, and highlight the diversity and vibrancy of the food culture in South Dublin County. It features flavours from around the world and from traditional Irish fare.

Dates for European Action Week Against Racism in March 2020 to be confirmed

European Action Week Against Racism

Every year, UNITED coordinates a weeklong Europe-wide campaign in March to protest against all forms of racism and discrimination, and celebrate the diversity that enriches European societies. To mark European Action Week Against Racism the Social Inclusion Unit, South Dublin County Council hold a competition to combat racism and to celebrate the variety of cultures and people living in Ireland today.

Anyone can participate in European Action Week Against Racism by conveying their own personal message against racism.

Entries are made through POETRY, PROSE, ART AND PHOTOGRAPHY....

Dates for European Week Against Racism in March 2020 to be confirmed.

ADDITIONAL INFORMATION



Literacy Awareness Training

The session aims to explain what literacy is and the causes and effects of the issue. It will be delivered by the National Adult Literacy Agency (NALA) to staff of South Dublin County Council during Social Inclusion Festival 2019.



South Dublin County Schools Traveller Culture Project

This initiative aims to promote greater understanding between Travellers and the settled communities. This project involves Travellers visiting schools in the South Dublin area and engaging children in discussion about Traveller culture in modern Ireland. South Dublin County Council is working in partnership with Tallaght Travellers Community Development Project and Clondalkin Traveller Community Development Project on the roll out of this new initiative.



Yellow Flag Programme

The Yellow Flag Programme is a progressive equality and diversity initiative for primary and secondary schools which promotes and supports an environment for interculturalism. The programme is being delivered by the Irish Traveller Movement in South Dublin County.

ADDITIONAL INFORMATION (CONT.)



BeLonG To

BeLonG To is the national organisation supporting lesbian, gay, bisexual, transgender, and intersex (LGBTI+) young people aged between 14 and 23 years. Since 2003 we have worked with LGBTI+ young people, to create a world where they are equal, safe, and valued in the diversity of their identities and experiences. We also advocate and campaign on behalf of young LGBTI+ people, and offer a specialised LGBTI+ youth service with a focus on mental and sexual health, alongside drug and alcohol support. We respond to the needs of LGBTI+ young people in Ireland and we help them thrive. Tel: 01 670 6223, Email: info@belongto.org



Halloween Sports Camp

A two-day sports camp for children with disabilities will take place in Collinstown Park Sports Centre, Clondalkin from 10.00 am-1.00 pm. Dates to be confirmed. The camp is open to children of all abilities aged 5 -18 years old. Cost is €10 and this is payable on the day.

For further information please email Paula at pswayne@ sdublincoco.ie



Dublin LGBTQ Pride

Dublin LGBTQ Pride Ltd (Dublin Pride) is the Irish embodiment of a global human rights movement that originated with the 1969 rights movement that followed the 1969 Stonewall riots in New York. The foundations of the organisation can be traced back to the Irish Gay Rights Movement, established in 1973. The first full Gay Pride Week took place in 1980 and featured a picnic at Merrion Square. Volunteers then worked to organise the first ever parade on 25th June 1983, which became a key aspect of the movement in Ireland and the festival we see today. It is one of the largest Pride festivals in Europe with 60,000 participating in the 2018 parade through Dublin City. The organisation also serves as a platform for the LGBT community, highlighting issues and celebrating diversity.



Cricket 4 All Programme

Terenure Cricket Club in partnership with Leinster Cricket have commenced a Cricket 4 All programme. The aim of the programme is to help integrate players of all abilities into the club environment. Each session will consist of both Table Cricket as well as outdoor small-sided cricket games and skillbuilding exercises. Table Cricket is an indoor miniature version of cricket which is played on a table tennis table.

ADDITIONAL INFORMATION (CONT.)



The overall aim of the programme is to increase the participation of people with disabilities in sport and recreational physical activity. This will be achieved through working in partnership with statutory agencies, sports clubs, community groups, facility providers, schools, disability service providers and people with disabilities. Key elements of the programme include sustainable programming, information provision, training and education.

The SIDP targets individuals of all ages and abilities who have an interest in participating in sport or recreational physical activity.

South Dublin County Sports Partnership encourage any group or individual looking for additional information regarding sport and physical activity for people with disabilities to contact our office on 01 414 9270 or email: info@sdcsp.ie



Learn 2 Cycle Programme

The aim of this six-week programme is to teach children with disabilities to cycle independently. The programme runs in various locations around South Dublin. For further details on the Learn2Cycle programme dates/venues please contact Lucy at lcush@sdublincoco.ie



Are you a sports coach/ teacher/ special needs assistant/ third level student/ development officer/ volunteer/ parent or anyone who has an interest in making their coaching sessions more accessible and inclusive for people with disabilities?

This course is designed to provide attendees with the knowledge, skills and ideas on how to adapt and modify your sport, physical activity or physical education sessions to make them more accessible and inclusive for people with disabilities.

All attendees will receive a manual, a booklet full of fun inclusive games, and a Cara certificate of attendance endorsed by Sport Ireland.

1 Day Workshop- 3 hours theory, 3 hours practical Cost: €30 Location: St. Colmcille's SNS, Knocklyon, Dublin

To register please contact Lucy at lcush@sdublincoco.ie

Rossecourt Rebels

The Sports Inclusion Disability Officer in partnership with Stewarts Sports Centre are in the process of setting up a powerchair football team in the Palmerstown area. If you are interested in getting involved in any capacity such as a coach, volunteer or player, please contact Lucy at lcush@ sdublincoco.ie





Comhairle Contae Átha Cliath Theas South Dublin County Council













Bank of Ireland () Begin











All events must be booked in advance as places cannot be guaranteed. All our events are accessible.

- www.sdcc.ie
- SouthDublinCountyCouncil
- 🎽 sdublincoco